## Spirituality and Recovery in Mental Health:

## **Putting People at the Heart of Care**

# A conference for clinicians, educators, service users and carers, chaplains, faith and community leaders—and anyone else interested

### Wednesday 10th—Friday 12th July 2019, St John's College, Durham

As more and more mental health services embrace a recovery approach to care, this conference will give opportunity to explore the role which spirituality has to play in recovery. This time the conference will focus particularly on how person-centred care relates to these themes of spirituality and recovery, featuring speakers from a variety of disciplines including nursing, psychiatry, occupational therapy and chaplaincy.



Speakers include: Prof Wilf McSherry, Dr Jed Boardman, Prof Chris Mayers, Julia Head, Prof Chris Cook, Miles Rinaldi, and contributors with their own lived experience of mental health challenges.

#### Costs (non-residential):

Full conference attendance £140, reduced rate for Tees, Esk and Wear Valleys staff £125, daily rate £80 (accommodation available at St John's College at time of booking, if required). For further information or to book your place contact johns.conferences@durham.ac.uk

Tees Esk and Wear Valleys NHS Foundation Trust service users can book their places through ARCH Recovery College in Durham at a concessionary rate (bursaries are also available) by telephoning 0191 384 3895 (option 2) or emailing tewv.recoverycollege@nhs.net

Delegate presentations and workshops are welcome. Please contact Colin Jay at colin.jay@nhs.net for further information.





