

Lesley Bessant, Chairman would like to invite you to attend the Trust's:

## Annual General and Members Meeting 2017

**Wednesday 19 July 2017**

**Middlesbrough Football Club**  
Riverside Stadium, Middlesbrough, TS3 6RS

**The theme this year is:**

**'Let's Talk about Mental Health'**

**3.30 pm Registration, Refreshments and Information Market Place**

Over 35 information stands will be available for you to visit ranging from advice and information through to participating in activities linked to mental health and learning disabilities.

**4.30pm Keynote Speaker: Sue Baker, Director Time to Change**

This will be an opportunity to hear from Sue about some of the work that has been done by Time To Change to raise awareness of mental health, get people talking about it and their latest campaign focussing on getting men to talk about their feelings and experiences. Sue will then invite **Gary Pollard**, Chief Executive of Men Tell Health to talk about the work of their men-only support groups in Middlesbrough and beyond.

**5.30pm Additional registration and refreshments**

**6.00pm Annual General and Members Meeting**

**7.30pm Close**

*You are welcome to attend any of the above sessions*



Book your  
place  
NOW!

### Information stands will include:

Local men's support groups • Adult, Older People, Children & Young People, Learning Disability and Forensic Services • PALS • Recovery Programme • Spirituality • Involvement • Volunteering • Medical Education • Hotel Services • Working with GPs • Talking Therapies • Allied Health Professionals • Research and Development, plus many many more!

**RSVP by 14 July 2017**

For more information contact the membership team on:

Tel: 01325 552314 / 01325 552312 Email: [tewv.ftmembership@nhs.net](mailto:tewv.ftmembership@nhs.net)

[www.tewv.nhs.uk/AGM](http://www.tewv.nhs.uk/AGM) #TEWVAGM

*Public Members are eligible for assistance with transport on a personal case basis but expenses will not be paid.*

*Please advise of any special requirements at the time of booking to enable you to attend and participate in this event.*

# Directions to Middlesbrough Football Club

## Please enter via the main reception area

### From the South

Leave the A1 at Dishforth

Take the A168 which then leads you to the A19, continue along the A19

Take the sliproad for A66 Middlesbrough.

Follow the A66 past Middlesbrough Town Centre on a raised section of Dual Carriageway, following signs for Redcar, Grangetown and Teesport.

You will see the Stadium on the Left Hand Side.

At the first roundabout, turn left (the first exit).

Go straight over the next roundabout and over the bridge.

Turn right at the third roundabout and the stadium car park is on the right.

### From the North

Along the A1 on to the A689 for Teesside

Go straight over 5 Roundabouts past Wynyard Park and Samsung. At the 6<sup>th</sup> Roundabout take the 3<sup>rd</sup> Exit on the A19 Southbound heading for Middlesbrough.

Follow the A19 and take the A66 turn off to Middlesbrough.

Follow the directions as above

### SAT NAV

Postcode: TS3 6RS

Park here and enter through main reception

