

This award is chosen by public vote and is presented to a team or individual that has made a real difference to the personal experience of service users, carers or colleagues. We invite nominations from the public and staff for people who have gone the extra mile to support you; staff who deserve to be recognised for their kindness and compassion or staff who have embraced a recovery-focussed way of working to support others.

The shortlisted candidates for this award are:

## Durham and Darlington liaison and diversion team, Darlington Police Station, Darlington

This team face daily challenges working over a large geographical area, often working alone in the community and managing complex situations. There has previously been a large staff turnover and high sickness rates in the team so an effort was made to improve team wellbeing. Improvements include a wellbeing wall with information and motivational quotes, wellbeing events, wellbeing champions and wellness, recovery action plans. These improvements will ultimately lead to better patient care and an improved service.

## Redcar child and adolescent mental health service (CAMHS), The Ridings, Redcar

This team were challenged to improve staff wellbeing and resilience; develop service user participation; raise awareness of mental health issues in young people and continue to strengthen links with partner agencies. With the infectious enthusiasm of Amy Pierce, the creative genius of Lauren Hamilton and the organisational prowess of Jenna Paisley, the whole team has been involved in some fantastic events which have not only allowed them to raise their profile in the local community, but have engaged service users in new activities and boosted staff wellbeing.

## Tina Profitt, clinical nurse specialist, Lancaster House, Stockton on Tees

Tina, received six nominations and has worked for the Trust for more than 30 years. During her career she has always gone above and beyond, putting the patient first, acting as their advocate and ensuring they receive the highest quality care. She is a highly skilled and knowledgeable clinician who has worked in an array of services improving quality and developing new ways of working. Her huge heart, empathy and warmth are loved by everyone. She is the personification of the Trust's Core Values, a true leader and an inspiration to all nurses.

## The autism strategy project team, trustwide

Putting autistic people at the heart of services is central to the work of this team. They have demonstrated the vision, ambition and leadership to help provide mental health services that meet the needs of autistic people. Non-clinical and clinical staff have worked alongside service users and carers to develop autism awareness training and adjusted care pathways. The project is influencing partners whilst changing the culture of the Trust, with more staff now doing the right thing for autistic people, helping them to lead fulfilling and rewarding lives.